

Dear CareOregon colleagues,

Welcome to your **Bimonthly Resource Digest!** Please find the following articles, which have been summarized, aggregated and sent on for your convenience and consideration. The CareOregon Behavioral Health Department aims to provide quick and easy summaries of publications, webinars and other information — from trusted behavioral health resources — on delivering clinical services during this challenging time. The following information is intended for educational/information purposes only; it does not represent a policy or procedure and does not replace independent, professional judgement.

Following are highlights of resources and links to the source.

Highlights:

[Treating Suicidal Patients during COVID-19: Best Practices and Telehealth](#)

Description: Suicide Prevention Resource Center’s (SPRC) archived webinar on telehealth-based safety planning, including prevention and interventions with clients in crisis. The webinar is detailed, down-to-earth and uses relatable examples, all in a concise presentation with PDF slides available for download.

- Effective, simple ways to adapt your telehealth practice to help clients in crisis *today*.
- Strategies for arranging social support during social distancing.
- Realistic roleplays and demonstrations.

[OTP Guidance for Patients Quarantined at Home with the Coronavirus](#)

Description: SAMHSA’s comprehensive policy guidance document outlining requirements for documentation, lock-box use and physical distancing when delivering methadone. This stepwise handout includes the current and official federal recommendations on managing the uniquely complex situation of supporting medically quarantined clients.

- Definitive guidance at your fingertips.
- Learn practical and safe strategies to implement this policy.
- Useful guidance to share with staff and begin safe dosing for quarantined clients today.

[Telehealth Learning Series – Top 5 Presentation](#)

Description: Eight audio presentations for SUD treatment and recovery support providers on a variety of telehealth topics, from the Addiction Technology Transfer Center (ATTC) Network, SAMHSA and other national sources. These include best clinical practice, privacy, groups, billing and reimbursement, engagement and more.

- Comprehensive presentations to assist with providing treatment services via telehealth.
- Recommendations for all stages of the telehealth experience, from implementation to reimbursement.
- Includes transcripts, slides and the audio recordings.

Thank you all for your work during this challenging time.

Sincerely,

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Updated June 19, 2020